

TEN CHEFS. ONE KITCHEN. ZERO MERCY. *TOP CHEF CANADA* IS BACK FOR SEASON 12 ON FLAVOUR NETWORK

The New Season Begins Tuesday, October 14 at 10 p.m. ET/PT on
[Flavour Network](#) and Streaming Exclusively on [STACKTV](#)

The Competition Ushers in 10 Talented Chefs Ready to Compete for
Culinary Glory and the Title of Canada's Top Chef



Top Chef Canada's Season 12 competitors. Image courtesy of Flavour Network.

L to R: Holly Holt, Tracy Little, Nick Maharaj, Charlotte Langley, Anthony Vien, Shai-Ann Tyson, Alex Kim, Katy Cheung, Chris Pyne, Coulson Armstrong

Get a first look at Season 12 [here](#)

Additional photography can be downloaded [here](#)

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For Immediate Release

TORONTO, September 16, 2025 – [Top Chef Canada](#) is back for a milestone 12th season featuring 10 of

the country's best up-and-coming professional chefs, each with their own culinary origin story, and each fighting for the prestigious title of Canada's Top Chef. With the esteemed panel of returning judges joined by buzz-worthy guests, this season's never before-seen challenges will task the chefs with showcasing their skills while celebrating the rich cultural diversity of our country. Season 12 of *Top Chef Canada*, a #1 specialty entertainment program*, premieres **Tuesday, October 14 at 10 p.m. ET/PT** on [Flavour Network](#) and streaming exclusively on [STACKTV](#).

Top Chef Canada welcomes back chef, cookbook author, and longtime series host, **Eden Grinshpan**, along with a revered panel of returning judges: chef, fermenter and author **David Zilber**, powerhouse restaurateur **Janet Zuccarini**, chef and owner of The McEwan Group, **Mark McEwan**, and content creator and global food expert **Mijune Pak**.

For 11 seasons, *Top Chef Canada* has given fans a front-row seat to the country's ever-evolving food scene and propelled its winners into Canadian culinary stars. This season will explore the essence of each competitor's identity, tracing their unique culinary origin stories. In each episode, the chefs must elevate their skills and creativity to new heights with dishes that captivate the judges and take audiences on a culinary journey across the globe. There will be many *Top Chef Canada* firsts including a Bocuse d'Or-inspired elimination challenge, special events supporting Pride, an Indigenous film festival, and Restaurant Wars like you've never see it before. Featuring some of the best competitors in the history of the series, in the end only one chef will emerge victorious and be named Canada's Top Chef.

The 10 chefs – Canada's culinary crème de la crème – ready to compete for the glory and title of Canada's Top Chef includes:

- **Coulson Armstrong** (He/Him) – 41, Toronto, Ont. (Our House Hospitality Company)
- **Katy Cheung** (She/Her) – 33, Vancouver, B.C. (Burdock & Co.)
- **Holly Holt** (She/Her) – 35, Edmonton, Alta. (Yellowhead Tribal Council & She Cooks Catering)
- **Alex Kim** (He/Him) – 34, Vancouver, B.C. (Five Sails & Glowbal Restaurant Group)
- **Charlotte Langley** (She/Her) – 41, Prince Edward County, Ont. (Nice Cans & Langley Foods)
- **Tracy Little** (She/Her) – 39, Canmore, Alta. (Sauvage)
- **Nick Maharaj** (He/Him) – 35, Victoria, B.C. (Part and Parcel)
- **Chris Pyne** (He/Him) – 32, Windsor, N.S. (Lightfoot & Wolfville Vineyards)
- **Shai-Ann Tyson** (She/Her) – 26, Toronto, Ont. (Balmy Beach Club & S.A.L.T Pop-up Restaurant Co.)
- **Anthony Vien** (He/Him) – 28, Québec City, Que. (Tanière³)

Click [here](#) for full biographies.

During this season's fast-paced challenges, Michelin Star chefs, culinary icons and notable personalities join the *Top Chef Canada* judging panel as guest judges and tasters. This includes Daniel Boulud (One Star Michelin restaurant DANIEL, and Cafe Boulud), Tawnya Brant (*Top Chef Canada*, Season 10 competitor), Shane Chartrand (*Top Chef Canada*, Season 11 competitor), Charlotte Cardin (Juno Award-winning singer), Susur Lee (Lee Restaurant, Lee Kitchen and TungLok Heen), Mei Lin (*Top Chef*, Season 12 winner, Chef/Owner, 88 Club & Daybird), Charlie Mitchell (executive chef/co-owner, One Star Michelin restaurant Clover Hill), Andrew Phung (actor, comedian, host of *Big Burger Battle*), Massimo Piedimonte (*Top Chef* alumni & owner of Cabaret l'Enfer), David Schwartz (culinary director, Big Hug Hospitality: Linny's, Sunny's Chinese, Mimi Chinese), Nara Smith (model and content creator), Chanthy Yen (*Top Chef Canada*, Season 11 winner), and many more. A full list is available [here](#).

Top Chef Canada is the homegrown version of the hit Emmy® Award-winning NBCUniversal Series *Top Chef* and is produced by Insight Productions (A Blue Ant Studios Company) in association with Flavour Network. Eric Abboud is Executive Producer and Showrunner along with Insight's CEO & Executive Producer John Brunton and Executive Producer Mark Lysakowski. Co-Executive Producers for Insight Productions are Jessica Brunton and Daniel Klimitz. For Flavour Network, Lynne Carter is Director of

Original Programming and Rachel Nelson is Vice President of Original Programming and Head of Corus Studios.

*Source: Numeris PPM Data, S11 (10/14/2024 to 12/3/2024) – confirmed data, Total Canada, CDN SPECIALTY COM ENG, A25-54 AMA(000), 3+ airings; reach based on Ind. 2+ CumRch(000), based on all airings.

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Flavour Network is a Corus Entertainment Network.**About Corus Entertainment Inc.**

Corus Entertainment Inc. (TSX: CJR.B) is a leading media and content company that develops, delivers and distributes high quality brands and content across platforms for audiences around the world. Engaging audiences since 1999, the company's portfolio of multimedia offerings encompass 25 specialty television services, 36 radio stations, 15 conventional television stations, digital and streaming platforms, and social digital agency and media services. Corus' roster of premium brands includes Global Television, W Network, Flavour Network, Home Network, The HISTORY® Channel, Showcase, Slice, Adult Swim, National Geographic and Global News, along with streaming platforms STACKTV, TELETOON+, the Global TV App and Curiouscast. For more information visit www.corusent.com.

About STACKTV

STACKTV is Corus Entertainment's premium multi-channel television streaming service that offers thousands of hours of exclusive hit content from Canada's top TV networks, all on one platform. Stream series, movies and specials from Global Television, Flavour Network, Home Network, W Network, The HISTORY® Channel, Adult Swim, Slice, Showcase, National Geographic, DTOUR, Lifetime, Cartoon Network, Treehouse, YTV, and Disney Channel, with new content added daily. STACKTV is available via Amazon Prime Video Channels, Bell Fibe TV app, Fubo, Rogers Xfinity TV and Rogers Xfinity Streaming. For more information, visit stacktv.ca.

About Insight Productions (A Blue Ant Studios Company)

Insight Productions, known for its award-winning ratings juggernauts, is Canada's most established content producer and an industry leader in the development, financing, and production of hit programming. Led by CEO & Chair John Brunton, the company has created some of the most dynamic and top-rated programs including The Amazing Race Canada (the most watched Canadian series on record); original formats Battle of the Blades and The Launch; Big Brother Canada; Top Chef Canada; Stronger Together/Tous Ensemble (the largest multi-platform broadcast and highest viewed non-sporting broadcast in Canadian television history); The JUNO Awards, Canada's New Year's Eve: Countdown; and The Tragically Hip: A National Celebration, a live concert special on CBC watched by one in three Canadians. Recent collaborations include The Legacy Awards with The Black Academy and Every Child Matters: Reconciliation Through Education with the National Centre for Truth and Reconciliation. Insight Productions was founded in 1979 and has since created thousands of hours of ground-breaking content. For more information, please visit InsightTV.com, @insightprod on X, and Facebook.

For media inquiries, please contact:

Devon Cavanagh

Senior Publicist, Lifestyle Content

Corus Entertainment

416.479.6712

devon.cavanagh@corusent.com

Julie MacFarlane

Senior Publicity Manager, Lifestyle Content

Corus Entertainment

416.860.4876

Julie.MacFarlane@corusent.com

Ali Seller

Top Chef Canada Publicist

Gab Group Inc.

647.825.8819

ali@gabgroup.ca